

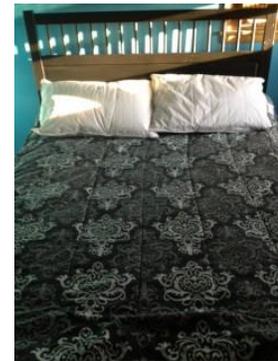
## SmartSilk Luxury Pillow Review and Giveaway

Disclosure of Material Connection: I received one or more of the products or services mentioned above for free in the hope that I would mention it on my blog. Regardless, I only recommend products or services I use personally and believe will be good for my readers. I am disclosing this in accordance with the Federal Trade Commission's [16 CFR, Part 255](#): "Guides Concerning the Use of Endorsements and Testimonials in Advertising."

**SMARTSILK™** I am an allergy sufferer. Specifically, to [dust mites](#) (well, and a few others but the one that feels unavoidable is my dust mite allergy!). Dust mites are disgusting little buggers that thrive in places where human skin cells are shed – furniture, beds, pillows – these are a few of their favorite hangouts. I feel like I am forever changing my pillows and pillowcases because I wake up with red, itchy eyes and am unable to sleep well because of this allergy. I am not one to unnecessarily add chemicals to my body in the form of medications, unless I absolutely must, so I wanted to find a way to naturally control this. That is when I learned about SmartSilk. SmartSilk is an [all-natural bedding](#) company that combines a breathable silk filler with a soft and comfortable cotton finish in a way that reduces allergens and helps you sleep more comfortably! I received two pillows from SmartSilk to review in exchange for my honest opinion. They also gave me a set to give to one of you! So read on and get ready to win!

### What did I think?

I love everything I have learned about SmartSilk! They are chemical-free: all the silk is boiled and cleaned with mild soaps – no harsh [commercial cleaners](#)! Naturally flame-retardant because there are no chemicals or other special treatments to the fabrics, giving you a safer place to sleep. Another favorite: the SmartSilk products just do not make good homes for dust mites and other allergens, so you do not have that musty smell. Extra [bonus](#), SmartSilk is both US and Canada allergen/asthma certified! Meaning this bedding really does have what it takes to reduce respiratory suffering that is related to dander, allergens and dust mites!



Once I had satisfied my “what is this made of” question, I was excited to try these [pillows](#) out. When it comes to pillows, hubby and I are at opposite ends of the spectrum. I love a firm, thick pillow; which he likes the thin and squishy side of things. I thought that these pillows were a nice compromise. At first hubby thought they were too “fluffy” for him, but after the first night I noticed he was sneaking his head onto my pillow and slowly taking over it until finally he admitted he liked it and moved his pillow back onto the bed so we could each have one. I noticed an immediate difference in how my eyes felt and that I was breathing more easily. Of course, I experience that for a couple of days any time I get new pillows, so the true test would be after a couple of weeks of pillow use. I have had the pillows on our bed for three weeks now and I can tell you that I am sleeping just as comfortably now on them, as I was three weeks ago. I give these pillows three cheers!

### The Verdict

If you are suffering from allergies, asthma or are just looking for some really comfortable pillows that hold up well, I highly recommend SmartSilk. Another thing I really loved was how they naturally help regulate your temperature. Our summer weather here in Wisconsin has been very rollercoaster like, so we have had our windows open more. Some nights it gets really cold in our room and two hours later I am incredibly warm! I have noticed that the pillows seem cooler when I am warm and seem warmer when I am cold! I am thinking that would be awesome for camping trips or the such to help with temperature regulation! I will definitely be looking at some of the other bedding options SmartSilk offers in the near future! Be sure to visit SmartSilk on [Facebook](#) and [Twitter](#) for product updates and specials!

If you would like to win two pillows from SmartSilk (and \$130 value!), enter with the Giveaway Tool below. This giveaway will be open to US residents, ages 18 and older. It will run from August 16, 2013 and end on August 30, 2013 at 11 PM CST.

Good luck!