



[Smart Silk Pillows Review & #Giveaway US & Canada 3/27](#)

 March 6, 2013 | Author [Laurie](#)

My entire life, I have struggled with sleeping. I have both of the common sleep issues: problems falling asleep as well as staying asleep. I thought it was something I was just going to have to deal with the rest of my life. That was, until I learned just how important sleep is to our physical wellbeing and mental health. After learning just how important the property amount of sleep is, I set out to find all-natural products that could help me achieve a full night of restful sleep without medicating myself. I found [Smart Silk](#); they offer all natural bedding.



For my review, I received a set of Smart Silk Pillows.

Smart Silk [Pillows](#) are made in layers. There is a silk-filled inner lining that goes around the border of the pillow. A quilted cotton shell protects the polyester micro gel fiber filling. The inner filling is made up of multiple layers of all natural silk. These natural fabrics also feature the Smart Silk Shield Advantage which provides you with a barrier from allergens, mites and dander. As if that weren't enough, these pillows are also equipped with Smart Temperature Advantage. It wicks away moisture and helps regulate your temperatures keeping you comfortable throughout the night.



The day the pillows arrived, my family was suffering from a nasty cold and stomach bug. My daughters were running 103 degree fevers and weren't sleeping well, which means my Husband and I weren't getting sleep. The pillows were very enticing. I wish I could say that I slept well that first night but I was up with the girls. After a few nights of longing for my pillow, I finally got to sleep in my bed and I slept all night long.

A couple weeks have passed with my new Smart Silk pillows. I am happy to share with you that my sleep continues to improve. I am not having nearly as many problems falling asleep or staying asleep. Now my sleepless nights are a result of the girls not sleeping well. Hmm, I wonder if these pillows come in a children's size???

Smart Silk pillows are certified asthma and allergy friendly by the Asthma Society of Canada and the Asthma and Allergy Foundation of America.

Smart Silk is on [facebook](#) and [twitter](#).

One lucky winner is going to receive two standard size pillows from Smart Silk. This giveaway is open to both the US and Canada. It will end on 3/27/2013.